

- REGISTER IN ADVANCE

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Places limited in order to respect physical distancing.



At centre L'Autre Versant,
180 Tamaracouta Road
Mille-Isles

Informations :
corpschorus.ca cours

Inscriptions :
info@corpschorus.ca
or
514 572-4287

MONDAY 2:00 p.m. : Rev + Flow 5:45 p.m. : REFIT 7:15 p.m. : Line dancing	TUESDAY 2:00 p.m. REFIT 5:45 p.m. : Contemporary dance 7:15 p.m. : Rev + Flow
WEDNESDAY 2:00 p.m. : Yoga 5:30 p.m. : Dance 3-6 yrs 6:30 p.m. : Dance 7-11 yrs 7:45 p.m. : Dance 12-16 yrs	THURSDAY 2:00 p.m. : Line dancing 5:45 p.m. : Rev + Flow 7:15 p.m. REFIT 8:30 p.m. : Yoga

FREE ACTIVITIES FOR 0 - 5 YEAR OLDS

Families with young children are invited to take advantage of FREE activities offered by the Maison de la Famille and the Municipality of Mille-Isles.



Here's the 2020 Family in Action calendar:

DATES	THEME OF THE ACTIVITY	LOCATIONS
Friday, September 11 from 10:00 to 11:30 a.m.	Camping	Hammond-Rodger Park
Friday, October 23 from 10:00 to 11:30 a.m.	Halloween	Hammond-Rodgers Park
Friday, November 20, from 10:00 to 11:30 a.m.	The balloons	Strong Community Hall

Children must be accompanied by a parent and a reservation is required to receive a surprise gift. Anyone interested is invited to contact Darina Bélanger at 450 438-2958, ext. 2610 or at dbelanger@mille-isles.ca.

FREE ACTIVITIES FOR 5 TO 12 YEAR OLDS

Mimi! We've got to save Duncan.

The police cadets of the Sûreté du Québec need support to help Mimi save her friend Duncan. Children aged 5 to 12 years old are invited to find all the clues that will help solve the rescue. Smart tips to defeat abusers will be featured using giant-sized posters containing images related to the story of Mimi and her friends. Afterwards, there will be a treasure hunt in the form of questions about the presentation and prizes will be awarded to participants.

The event will take place at Hammond-Rodgers Park on Friday, September 25 at 6:00 p.m. Children must be accompanied by a parent and a reservation is required. Anyone interested should contact Darina Bélanger at 450 438-2958, ext. 2610 or at dbelanger@mille-isles.ca.