

## Happy New Year 2018! Health, Happiness and Prosperity!

### Santa and Mrs. Claus came to visit us at our Christmas party!

More than 60 children came to meet Santa Claus and Mrs. Claus on December 9<sup>th</sup>. The magic of the festive season was felt there. The pictures of the event are available on the Municipal Web site in the section "Leisure and culture" under the tab "Photo Gallery".

Thank you to all the volunteers for their invaluable help!



### Family in Action



Families with young children are invited to enjoy free activities offered by the Municipality of Mille-Isles and the Township of Gore in collaboration with the Maison de la famille d'Argenteuil. Workshops for preschool children are led by Mrs. Carolyne Turcotte from the Maison de la famille and consist of activities for awakening, stimulating and learning through play. Quiet games led by volunteers will be available for older children so that the whole family can participate and have fun.

The workshops are held once a month on Sundays and their location alternates between the Municipality of Mille-Isles and the Township of Gore. You are welcome at all workshops!

Children must be accompanied by a parent. Reservations are not required so don't hesitate to drop by. This is a great opportunity for children and their parents to meet people in their community.

### 2008 Schedule for Family in Action Activities:

Dates	Place	Theme
February 4 <sup>th</sup>	Gore	Ani-mots
March 11 <sup>th</sup>	Mille-Isles	Let's dance!
April 8 <sup>th</sup>	Gore	Treasure Hunt
May 6 <sup>th</sup>	Mille-Isles	Ani-mots
June 3 <sup>rd</sup>	Gore	Insects
September 2 <sup>nd</sup>	Mille-Isles	Zumba
October 7 <sup>th</sup>	Gore	It's Apple Time
November 4 <sup>th</sup>	Mille-Isles	Ani-mots

We are looking for volunteers to supervise and lead quiet games (crafts, drawing, board games and lego) for children 6 to 10 years old during the Family in Action activities. If you are interested, contact Janick Roy at 450 438-2958 ext. 2610 or [jroy@mille-isles.ca](mailto:jroy@mille-isles.ca).

Note that activities for 0 to 5 years old are also planned during the Mille-Isles celebration in August and the Christmas party in December 2018.

### Next activity:

What to expect:

- Reception and socialization
- Snack
- Story: The fabulous pocket of Angélique Brioche
- Craft: image cutting and collage
- Motor skills activity: obstacle course
- Relaxation

**Date:** Sunday February 4, 2018  
**Place:** 2, chemin Cambria, Township of Gore  
**Time:** 10 a.m. to 11:30 a.m.



**FREE**

### The Winter Festival for children 0 to 5 years old

### The skibus shuttle service is back this winter

Starting on January 12, 2018, every Friday evening, there will be a shuttle service to the Morin-Heights and Saint-Sauveur ski hills. The bus will stop in Mille-Isles (corner of Riddell road and route 329) at 5:35 p.m. and the return is scheduled at the same location at approximately 10:30 p.m. You must reserve your seat by 4:30 p.m. the previous Thursday. For reservations or for more information, call 450 562-5797. The price of the round trip ticket is \$7.

### Reminder: Broomball Activity

On Saturday January 20<sup>th</sup> from 3 to 5 p.m., you are invited to play broomball at Hammond-Rogers Park. Broomball is played on the skating rink with boots. Fun is guaranteed for both adults and children. The brooms will be provided and the teams will be made on site (age groups will be made if necessary). A helmet is mandatory (bike helmets are accepted) and protective equipment is strongly recommended. Hot chocolate will be served. This activity is free and open to everyone. To register, contact Janick Roy at 450 438-5928 ext. 2610 or [jroy@mille-isles.ca](mailto:jroy@mille-isles.ca). We look forward to seeing you there!



### Food Counter in Gore for Mille-Isles residents

Through a collaborative project between the Municipality of Mille-Isles, the Township of Gore and the Centre d'entraide d'Argenteuil, it is now possible for Mille-Isles residents to receive food assistance locally, at the Community Center in Gore. This counter makes it possible for Mille-Isles residents to avoid going to Lachute to pick up food.

Distribution takes place every second Thursday between 1:45 p.m. and 2:30 p.m. at Trinity hall, 2 Cambria road in Gore. You will need to register at the following number: 450 562-5151 ext. 101.

At the time of the distribution, you must have two valid pieces of identification along with proof of residence and proof of income (T4 or welfare cheque). You will not be eligible if you do not provide the requested ID. Please do not forget to bring reusable grocery bags.

### 2018 Cooking Workshops

The Municipality of Mille-Isles will again offer healthy cooking workshops organized and led by Mrs. Darina Bélanger. All recipes are made with natural non refined products. The first workshop of the year will be held on Monday, January 29<sup>th</sup>, from 6:00 p.m. to 9:00 p.m., at l'Autre Versant, located at 180 Tamaracouta road in Mille-Isles. The cost is \$7 per workshop.

### This first workshop will focus on breakfast.



On the menu:

- A no bake caramel spread, with no added sugar and no dairy products
- A delicious vegetable milk yogurt which does not require a yogurt maker
- A no bake porridge (overnight oats)

You must register with Darina Bélanger at 438 821-6715 or [darinabelanger@gmail.com](mailto:darinabelanger@gmail.com).

Put the next cooking workshop dates on your calendar:

Mondays February 26<sup>th</sup>, March 26<sup>th</sup>, April 30<sup>th</sup>, May 28<sup>th</sup> and June 18<sup>th</sup> from 6 to 9 p.m.

