

ECO-EDUCATIONAL WORKSHOPS

Tuesday, June 7, 2022 from 10:00 a.m. to 11:30 a.m. – Conifers, allies for our health

The objective of this workshop is to identify the medicinal and nutritional virtues of conifers. In this workshop, you will explore the life that is beginning to emerge in Hammond-Rodgers Park and talk about the various plants that are awakened at this time of year.

The animator will teach you how to harvest spruce thorns, resin and shoots. With these ingredients, you will create an infused honey as well as a spruce vinegar. Then, you will taste a herbal tea made from the thorns of the various conifers found.



Tuesday, June 21, 2022 from 10:00 a.m. to 11:30 a.m. – Ecological printing on textile and paper



This workshop will introduce participants to ecological printing on textiles and paper using local plants. In this workshop, you will create artistic compositions. Participants will be able to pick up their print packets at Town Hall the following week to see the results.

Anyone interested should contact Renée Lagacé at 438-932-5183 or renee.lagace@gmail.com to reserve a spot.

Please note that children must be accompanied by a parent.

