



## COMEDY SHOW

(Show in French only)

FRIDAY, JULY 29, 2022 AT 7:30 P.M.

TICKET \$20

LIMITED PLACES

THERE ARE STILL A FEW TICKETS REMAINING, WHOSE LUCK!

The event will be held outside of the Town Hall. In case of rain, the show will take place in the Strong Community Hall.

To buy a ticket, call 450 438-2958.

### Here are the artists who will be present:

- Host, Adrien Lessard, graduate of the National School of Humor;
- Jean-Philippe Guay, humorist with 4 years and more than 500 shows experience;
- Mr. Radi, French humorist who settled in Quebec with also several years of experience;
- Jessica Chartrand, she made her first Just For Laughs gala last summer and is simply excellent.

### MAIN PARTNERS



## MILLE-ISLES CELEBRATION AND ENVIRONMENT DAY

Saturday, August 6, 2022, from 11:00 a.m. to 4:00 p.m., postponed to August 7, 2022 in case of heavy rain.

On August 6, come celebrate the Mille-Isles Celebration and Environment Day at Hammond-Rodgers Park and Town Hall. On this occasion, a variety of activities will be organized for young and old in a festive and fun atmosphere. The complete program of the day will be communicated to you through the Municipality's website and your Newsletter. We look forward to seeing you from 11:00 a.m. to 4:00 p.m.!

**ANIMATION - VARIOUS GAMES - CRAFTS - INFLATABLE GAMES - FOAM GUN**  
**INFORMATION BOOTHS - FARMER'S MARKET - PLANT DISTRIBUTION**  
**MUSIC GROUPS - WATER ANALYSIS - HOT DOG - ETC.**

### THANKS TO OUR PARTNERS



# MAYOR'S ADDRESS

July 2022 Edition

Hi everyone,

We had the public consultation for the draft by-law number RU.02.2011.14 on June 22. Many of you attended and your council thanks you for the constructive comments received. In this regard, the adoption of the second draft by-law will be postponed to the council meeting of August 3, 2022 to allow us to make positive changes to this draft by-law based on your comments. Moreover, the municipality has invited citizens to continue sending their comments until July 13 in order to improve the second draft by-law.



**Howard Sauvé, Mayor**

Also, public works will be able to pick up on the backlog from the severe storm in May and will be able to work on seasonal work shortly.

In addition, you will note that the requests in the Urbanism and Environment Departments are not decreasing and that the municipal staff is doing their best to process requests. In any case, we thank you for your patience.

Good news, Maple Grove will begin its evolution shortly. We have received a grant from Canada Economic Development in the amount of \$135,000 and the work must be completed before March 31, 2023, unless we obtain an extension. With the objective of promoting the built heritage of our municipality and with the advice of Geneviève Grenier, Cultural Development Officer of the Argenteuil MRC, we will proceed with the deconstruction of the Maple Grove. This step will be carried out by a firm specializing in the demolition and preservation of heritage buildings with the objective of incorporating historic portions into the future project. Following the deconstruction and the inventory of the recovered heritage pieces, we will be able to proceed with the creation of plans and specifications for approval by the council.

Thank you

Howard Sauvé, **Mayor**

## HERITAGE

### THE BIRTH OF A HERITAGE INTEREST: THE COURSE OF A LIFE, MILLE-ISLES

Mrs. Ginette Mayer, we congratulate you on the publication of your article "the birth of a heritage interest: the course of a life, Mille-Isles" within the Société d'histoire et de généalogie des Pays d'en haut (SHGPH). You can be proud of this article, which represents the exceptional work you do. It is remarkable to meet such a dedicated and involved person.



**Ginette Mayer**

Citizens who wish to read Mrs. Mayer's article are invited to consult it on the Municipality's website, in the "Municipal Council" section under the "Working Committees - Local Heritage Council" tab. A paper copy can also be picked up at Town Hall during business hours, Monday to Friday, from 7:45 a.m. to 4:30 p.m. **(FRENCH ONLY)**

# ACTIVITIES AND EVENTS

July 2022 Edition

## CALENDAR OF ACTIVITIES AND UPCOMING EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
July 24	July 25 1 p.m. Monday Group	July 26 1 p.m. Dek Hockey	July 27 9 a.m. Walking group	July 28 8:15 p.m. Movie Sing 2 *French only	July 29 7:30 p.m. Comedy show *French only	July 30
July 31	August 1 1 p.m. Monday Group	August 2 10 a.m. Eco-Educational Workshop Sewing	August 3 9 a.m. Walking group	August 4 5:30 p.m. REV+FLOW 8:00 p.m. Movie Dumbledore *French only	August 5 8:30 p.m. Tales and legends around the fire *French only	August 6 11 a.m. to 4 p.m. Mille-Isles Celebration and Environment Day

### DEK HOCKEY

TUESDAY, JULY 26 AT 1:00 P.M.

Invite your neighbors and friends to the Hammond-Rodgers Park skating rink

For more information, contact Béatrice Parizeault, Recreational Technician, at

450-438-2958 ext. 2615 or at [bparizeault@mille-isles.ca](mailto:bparizeault@mille-isles.ca).



### MILLE-ISLES WALKING GROUP

Every Wednesday morning, the Mille-Isles walking group meets for a hike. This activity is accessible to all, FREE of charge, and has many benefits for your body, regardless of your age. In addition, sociable dogs on a leash are welcome for some hikes.

Anyone interested should contact Mrs. Ginette Mayer by phone or by text at 514-971-7496.



**Facebook page:**  
Groupe de marche Mille-Isles

### REV+FLOW FREE COURSE

THURSDAY, AUGUST 4, 2022  
AT 5:30 P.M. AT HAMMOND-RODGERS PARK



A high intensity, low impact workout to build strength, endurance, mobility, balance, coordination and flexibility. Bring a mat and weights (2 to 5 lbs).

Contact Béatrice Parizeault, to register at 450-438-2958 ext. 2615 or at [bparizeault@mille-isles.ca](mailto:bparizeault@mille-isles.ca) before July 1<sup>st</sup>, 2022.

### CROCHET

You want to learn to crochet,  
Let us know!

Interested persons should contact Beatrice Parizeault, Recreational Technician at 450-438-2958 ext. 2615 or by at [bparizeault@mille-isles.ca](mailto:bparizeault@mille-isles.ca).



We would like to know the interest of citizens to register for free crochet classes.



# ACTIVITIES AND EVENTS

July 2022 Edition

## MOVIES UNDER THE STARS

THURSDAY, JULY 28,  
2022 AT 8:15 P.M.

### SING 2

Films will be presented in French



THURSDAY, AUGUST 4,  
2022 AT 8:00 P.M.

### FANTASTIC BEASTS: THE SECRETS OF DUMBLEDORE

Films will be presented in French



The event will be held in the Town Hall parking lot  
- in case of rain, it will be held in the Strong  
Community Hall.

Bring your chairs and popcorn!

## MONDAY GROUP

In a friendly atmosphere, the group shares their know-how and art of living, over a good tea and snack, while strengthening a bond of togetherness.

They meet on Monday afternoons starting at 1:00 p.m. in the Strong Community Hall, located at 1262 Mille-Isles Road.

Come to the next meeting and meet this amazing group of women or contact Joan Hudson at 450-432-7572 for more details.

**(English only)**



## ECO-EDUCATIONAL WORKSHOPS INTRODUCTION TO SEWING

**Tuesday, August 2, 2022,  
from 10:00 a.m. to 11:30 a.m.**

An eco-educational workshop will be offered free of charge at Hammond-Rodgers Park.

In case of rain, the activity will be held in the Strong Community Hall. This workshop is bilingual, children must be accompanied by a parent and those interested must register with the facilitator Renée Lagacé at 438-932-5183 or at [renee.lagace@gmail.com](mailto:renee.lagace@gmail.com).

## TALES AND LEGENDS AROUND THE FIRE IN FRENCH ONLY

Families are invited to come and listen tales and legends of Argenteuil on Friday, August 5, 2022, from 8:30 p.m. to 9:30 p.m. at Hammond-Rodgers Park. The activity is adapted for ages 7 and up.

**Marshmallows and hot chocolates offered!**

Contact Beatrice Parizeault, recreational technician, to register at 450 438-2958 ext. 2615 or at [bparizeault@mille-isles.ca](mailto:bparizeault@mille-isles.ca) before July 25, 2022.



## SUPPORT FOR CAREGIVERS

Being a caregiver is not always easy, even if we love the person we are caring for with all our heart. To help you get through the most difficult times, an intervener from the Centre d'action bénévole d'Argenteuil is available to advise and support you in the face of difficulties you may encounter on a daily basis.

Anyone interested is invited to contact Francis Lavigueur at 450-562-7447, Ext. 233.



## MAISON DE LA FAMILLE

The Maison de la famille Au cœur des générations d'Argenteuil is a welcoming place whose mission is to promote the development of the child, to support the parents in their challenges and mobilize all members of the community to improve the quality of life of families.

The organization offers free services to the Argenteuil population such as (French only):

- Les activités Bouts'Choux;
- La halte-nourrison;
- L'approche Jeux d'enfants;
- Les Petites Chenilles;
- Les programmes Ali.



To register your child, you must contact the Maison de la Famille at 450-562-0503. It is also possible to join them via their Facebook page or by email at [info@familleargenteuil.org](mailto:info@familleargenteuil.org).

## THE ARGENTEUIL WALKING RELAY RACE IS BACK THIS FALL

It is now possible to register for the next edition of the Course Marche Relais Argenteuil (CMRA), which will take place on October 1st 2022!

**For more details, visit the CMRA website or their social media channels (Facebook and Instagram).**

Proceeds from the CMRA will go to the Fondation Espoir Jeunesse Argenteuil, whose primary objective is to help young people with mental health problems by financing recreational activities or activities that complement the services provided by the CISSS des Laurentides.



## ANIMAL CONTROL

In an effort to reinforce animal control on the territory as well as to ensure the safety of people, dog owners are required to respect municipal by-law 2015-03 on animal control and to register their dog with the Municipality. To do so, you must complete the dog tag registration form available on the Municipality's website or at the municipal office located at 1262 Mille-Isles Road. **The medal will be mailed to you FREE of charge.**



If you lose your dog, find or see a stray dog, you must contact the Patrouille Canine A. Roy at 1 800 950-4280 or by email at [patrouillecanine@hotmail.com](mailto:patrouillecanine@hotmail.com).

The Municipality of Mille-Isles provides the population with four (4) croque-livres on its territory. The Croque-Livre Initiative is a network of book-sharing boxes and its operation is under the principle of «take a book and give a book».

### These book boxes are located:

- at Hammond-Rodgers Park;
- at Lake Massie;
- at Lake Daïnova;
- at the intersection De Koninck Road and Tamaracouta Road.



## NEW LIVROTHÈQUE

### "What is a livrothèque"?

This is a new book area that is designed to promote book sharing throughout the year. This new book section is available in the Strong Community Hall during office hours from 7:45 a.m. to 4:30 p.m., Monday through Friday.

### The formula is simple:

Borrow a book and once you have finished reading it, keep it, share it or bring it back.

By dropping off or borrowing a book, you will give it a second life, while respecting the environment. This project also allows you to keep books without time limit.



### NEWSLETTER - PUBLIC INTEREST MESSAGES VIA E-MAIL

Enroll online by clicking on **Newsletter** at the top right of the screen: [www.mille-isles.ca](http://www.mille-isles.ca)

## REMINDER

### FOURTH INSTALLMENT OF MUNICIPAL TAXES

The Municipality of Mille-Isles wishes to remind its citizens that the due date for the fourth installment of municipal taxes is Friday, August 12, 2022.

### GARBAGE AND RECYCLING BINS

Garbage and recycling containers have been standardized throughout the Municipality of Mille-Isles since January 1, 2018.

Your receptacle must match the following description or they will not be picked up:

#### Garbage bin

Description: rolling with handles  
Volume: 240 liters or 360 liters  
Colors: green, black or gray

#### Recycling bin

Description: rolling with handles  
Volume: 360 liters  
Color : blue



### Recipe from the cooking workshop of April 28, 2022: Le Dhal

#### Grill in a pan without oil:

- 2 or 3 bay leaves
- 1 teaspoon coriander seeds
- 1 teaspoon peppercorns
- 1 teaspoon mustard seeds
- 1 teaspoon cinnamon bark

#### Add:

- 2 - 3 tablespoon coconut oil
- 2 onions diced
- 3 or 4 cloves of garlic
- 2 tablespoon freshly grated ginger

#### Cook until onion becomes translucent and add:

- 2 carrots, diced
- 3 celery stalks, diced

#### Add:

- 2 cups red lentils
- 2 cans of 750 ml diced tomatoes
- Water to cover the lentils
- 1 tablespoon or more spices (curry, turmeric, cumin, paprika and chili flake)

**Let simmer. Before serving, add 2 cups chopped spinach or kale and lemon.**

